INTERCESSIONS—Please pray for...

The parish of St Mary's with Christchurch, Abergavenny, is twinned with the parish of Evanda with Secunda, Diocese of the Highveld. Please pray for the ministers and people of Evanda with Secunda.

All those suffering from coronavirus and all those caring for them.

Sunday, 5 July 2020

Pray for the united Church of Pakistan Bassaleg Ministry Area

Cae Pen-y-Dre Close; Cantref Road

Monday, 6 July 2020

North Queensland (Australia)

Awgu / Aninri (Nigeria)

Kaduna (Nigeria)

Bedwas with Machen Ministry Area

Director of Mission Sue Pinnington

Diocesan Secreatary Isabel Thompson

Castle Meadow Park, Castle Street

Tuesday, 7 July 2020

North West Australia (Australia)

Awka (Nigeria)

Kafanchan (Nigeria)

Caerleon Ministry Area

Charles Williams CiW Primary School; Ponthir

CiW Primary School

Chain Close, Chain Road

Wednesday, 8 July 2020

Northern Argentina (South America)

Awori (Nigeria)

Caldicot Ministry Area

Archbishop Rowan Williams CiW Primary School

Acting Director of Vocation Becca Stevens

Chapel Orchard, Chapel Lane

Thursday, 9 July 2020

Northern California (The Episcopal Church)

Badagry (Nigeria)

Ballarat (Australia)

Chepstow Ministry Area

Diocesan Director of Education Annette Daly

The Diocese of the Highveld

Chapel Road, Charles Close

Friday, 10 July 2020

Northern Indiana (*The Episcopal Church*) Bangor (*Wales*) The Rt Revd Andrew John Cwmbran Ministry Area Henllys CiW Primary School Bishop's adviser for healing, wholeness & reconciliation Beverley Smith Charles Crescent, Chestnut Drive

Sick:

Emily Chicken; Ian Clissold; Sian Davies; Tania; Rosemary Aurelius; Max Roebuck; Gwyneth Jones

Recently departed:

Julian Deri Coles Webster

Sunday, July 5

Zechariah 9. 9-12

Psalm 145. 8-14

Romans 7. 15-25a

Matthew 11. 16-19, 25-30

Monday, July 6

Hosea 2. 16-23

Psalm 145. 1-9

Matthew 9. 18-26

Tuesday, July 7

Hosea 8. 4-7, 11-13

Psalm 115. 1-11 Matthew 9. 32-38

Wednesday, July 8

Hosea 10. 1-3, 7, 8, 12

Psalm 105, 1-7

Matthew 10. 1-7

Thursday, July 9

Hosea 11. 1-9

Psalm 80. 1-7

Matthew 10. 7-15

Friday, July 10

Hosea 14. 1-9

Psalm 51. 1-11

Matthew 10. 16-23

Saturday, July 11 – St Benedict

Jeremiah 17. 7-10

Psalm 119. 57-64

1 Corinthians 3. 10, 11

Luke 18. 18-22

St Mary's Priory & Christchurch and Holy Trinity, Abergavenny, St Peter's, Llanwenarth Citra July 5 - Trinity 4 (Proper 9)

Today we are called to a consciousness that nothing done apart from God is strong and holy.

Jesus ensures that nothing in our lives can separate us from God by issuing us with his gracious invitation: 'Come to me, all you that are weary and are carrying heavy burdens'.

So often we can allow the burdens that the world drops on our shoulders to weigh us down and become those obstacles to union with God: Pressures of time, money and desire among other things.

Christ offers us a new way that frees us from the weight of this world if we will only come to him.

Jesus, I come to you and ask for your rest and peace.

I pray you lift this burden of doing off of my shoulders and take away my desire to strive.

Allow me to sit in Your presence and let You do all of the work.

I pray you mould me into Your image, instilling in me a restful spirit.

Let me radiate Your peace onto others, even in the midst of chaos, and show me how to to walk down the path of rest.

Amen.



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THE COLLECT

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: increase and multiply upon us your mercy; that with you as our ruler and guide we may so pass through things temporal that we finally lose not the things eternal; grant this, heavenly Father, for our Lord Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

FIRST READING

A reading from the book of the prophet Zechariah.

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the warhorse from Jerusalem: and the battle-bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.

This is the word of the Lord Thanks be to God

FIRST SECOND READING

A Reading from St Paul's letter to the Romans I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I

do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

This is the Word of the Lord Thanks be to God

Psalm 145. 8-14

The Lord is / gracious · and / merciful: long-suffering / and of / great / goodness.

The Lord is loving / unto / every man: and his mercy is / over / all his / works.

All thy works / praise · thee O Lord: and thy / servants / bless thy / name.

They speak of the glory / of thy / kingdom: and their / talking / is of · thy / power,

That thy power may be / known · unto / men: even the glorious / brightness / of thy / kingdom.

Thy kingdom is an ever- / lasting / kingdom: and thy dominion en- /dureth · through-/out all / ages.

The Lord upholdeth / all \cdot such as / fall: and lifteth / up all / those \cdot that are / down.

THE GOSPEL

Alleluia, alleluia, alleluia.
Speak Lord, for your servant is listening:
You have the words of eternal life.
Alleluia, alleluia, alleluia

The Lord be with you **And with your spirit.**

Hear the Holy Gospel according to St Matthew:

Glory to Christ our Saviour

Jesus said, 'To what will I compare this generation? It is like children sitting in the market-places and calling to one another, "We played the flute for you, and you did not dance; we wailed, and you did not mourn." 'For John came neither eating nor drinking, and they say, "He has a demon", The Son of Man came eating and drinking, and they say, "Look, a glutton and a drunkard, a friend of tax-collectors and sinners!" Yet wisdom is vindicated by her deeds.'

At that time Jesus said, 'I thank you Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

This is the Gospel of the Lord: **Praise to Christ our Lord.**

NOTICES

➤ Sunday service: The 10.30am Parish Eucharist will be live-streamed on the Abergavenny Anglican Churches Together Facebook page.

> Wednesday service: Midweek Mass will be live-streamed on Wednesdays at 5pm.

All the live-steamed services are available as videos on the Facebook site. You don't need to have a Facebook account in order to see this—just log on to https://www.facebook.com/AberACT

➤ Church opening: St Mary's will be open for private prayer from 10am to 2pm on Mondays, Wednesdays and Fridays, starting tomorrow, Monday, June 29. Six people (plus the steward) will be allowed in the church at any one time, to comply with social distancing and so that the task of cleaning each day will not be too onerous. We hope to open the Garden of Rest during these times as well. Please do respect the steward's instructions and welcome back to church!

➤ July magazine: The July edition of the Four Churches magazine is now available via email and in print copy.